

# Lessons Learned

OXNARD UNION HIGH SCHOOL  
DISTRICT

OXNARD, CALIFORNIA

# District

## 6 Comprehensive High Schools

- 1 Community Day School
- 1 Continuation High School
- 1 Teen Parent Program

Over 16,000 students

Brief History of Trauma in District

# Channel Islands High School

May 2004

- Death of a student by accidental shooting

- Death of a student from a shooting

September 2004

- Death of a grad from a shooting

December 2004

- First suicide

January 2005

Second suicide

February 2005

Third suicide

December 2005

Death of a day custodian over vacation

# December 2003 1<sup>st</sup> Suicide

Background

Response

1. Crisis team
2. Faculty Meeting
  - a. Gave out known information
  - b. Signs of Suicide
  - c. Signs of Depression
  - d. How to talk to students about depression
  - e. Where to refer
3. Additional training of Peer Counselors

Problems

# January 2004 2nd Suicide

- Background
- Response
  1. Crisis Team
  2. Contacted Dr. Lieberman (LAUSD)
  3. Lesson on Depression and Stress ( for students)  
How to help a friend
  4. Further Training of Peer Counselors  
Peer Counselors presenting lessons

Problems

# February 3<sup>rd</sup> Suicide

- Background
- Response
  1. Outside counselors (MFT'S) Dr. Jimmy Schmidt
  2. Contacted with Dr. Richard Lieberman (LAUSD)
  2. Groups for teachers
  3. Crisis Hotline
  4. Peer Counselors doing Presentations
  5. Set-up Student Assistance Program with Dr. Schmidt
  6. Made all students aware SAP
  7. Applied for Emergency Grant
  8. Presentation to all principals and counselors
  9. Health Fair by Peer Counselors

Problems

# September-Today

1. Continued Student Assistance Program Dr. Jim Schimdt
    - a. Peer Counselors
  2. S.O.S. Survey
  3. 6 referrals to county mental health
  4. Workshop for teachers
  5. Health classes
  6. Counselors to county workshop
  7. Death of classified staff over winter break.
- Problems